

GIANT BACK-TO-SCHOOL ISSUE

PARENTS.COM

SEPTEMBER 2009

Parents



**THE SECRET TO
A BLISSED
OUT BABY**

Teach Optimism!
Why Children Need It
Now More Than Ever

TANTRUM TAMERS
FOR FRUSTRATED MOMS

Win! A KID'S ROOM
MAKEOVER, P. 192

**Raise A Kid Who
Loves To Learn**

134 Tips For A
Happy, Safe,
Stress-Free
School Year

**Should Your Child
See A Chiropractor?**
The Straight Truth, p. 206

SO-EASY
HEALTHY
LUNCH
IDEAS,
P. 198

HOW TO
LET GO
(A LITTLE)
SO YOUR
HUSBAND
HELPS OUT
(A LOT)



FOOD FOR THOUGHT

During the week of September 20, restaurants across the country will take part in the Great American Dine Out, a campaign to help end child hunger in America. By eating at the venues listed at greatamericandineout.org, you'll raise funds to support food pantries and other organizations that provide meals to at-risk kids and their families.



TREND ALERT

Spotted: Giraffes!

Lovable long necks are The Next Big Thing. From plush animals to pull-toys, tees to room décor, you'll find these cute creatures just about everywhere this season—no trip to the zoo needed!

This teether is a big hit. Sophie, \$20; amazon.com

A GRAND GAME

In honor of Grandparents Day (September 13), can you match these celebs to their grandkids?



A Blythe Danner



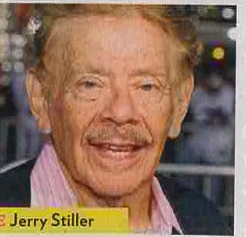
B Steven Tyler



C Donald Trump



D Goldie Hawn



E Jerry Stiller



1



2



3



4



5

ANSWERS A: 3, Apple; B: 5, Milo; C: 2, Kai; D: 1, Ryder; E: 4, Ella.

CLOCKWISE FROM TOP LEFT: GETTY IMAGES; SPLASH NEWS; WIREIMAGE; SPLASH NEWS; SPLASH NEWS; GETTY IMAGES; GETTY IMAGES; GETTY IMAGES.

●take your pick

Mix and match various styles to create an eclectic look for your child's bedroom. See more great products at parents.com/roomtogrow.

[CRIBS THAT CONVERT]



- 1 Metro Lifestyle Crib by Bonavita, \$520; mybabyscrib.net
 2 Jenny Lind Baby Crib by DaVinci, \$220; babycribstation.com
 3 Mercer Modern Crib by Baby Miro, \$400; babyearth.com

[SOOTHING CHAIRS]



- 1 Adult Beige Micro Square Back Glider by Harmony, \$380; babiesrus.com 2 Premier Pillowtop Rocker, \$300; target.com
 3 Alto Rocker, \$800 (ottoman, \$300); sparkability.net

[DOUBLE-DUTY DRESSERS]



- 1 Scandi two-tone combo dresser by Babi Italia, \$350; amazon.com
 2 Trondheim six-drawer dresser, \$280; ikea.com 3 Eiffel bookcase cabinet by Argington, \$630; babyhomestudio.com

[STORAGE SOLUTIONS]



- 1 Ladoro shelving system, \$320; containerstore.com 2 P'kolino Kube Set, \$380; pkolino.com 3 Trofast storage combination, \$60 to \$420 (bins and units sold separately); ikea.com